

PRE-RELEASE CLASS – SCI

Program Location: Pre-Trial Building, Classroom 2

Eligibility: 6-12 months left on sentence, must have been classified by their counselor to PRC.

Available To: Medium, Merit, Minimum, Key A & B tiers, Key Program, Program Building

Length: 8 Weeks, 16 Sessions

Program Times: Mondays: 9:00 am to 10:30 am & Thursday's: 1:00 pm to 2:30 pm

Number of Participants: 18-20 participants per class

Synopsis

The Pre-Release Class is a program that assists S.C.I. residents, primarily in their preparation for and transition back to society. Its curriculum entails various topics such as:

Mobilizing Support	Victim of Our Behavior/Other Victims
Setting Goals	Restoring Relationships
Job Seeking & Keeping	Relapse Prevention
Financial Management	HIV/STD Information
Coping with Stress	Challenges You'll Face
Developing Social Skills	Improving Self-Esteem
What Sex Offenders should expect upon release	

A written Pre-Release Plan is required from each participant during the course of the cycle, and a letter to self/reflection letter is due at the end of the class. All participants are required to sign a contract upon beginning the Pre-Release Class. Attendance and participation in the class is mandatory. Failure to complete the Pre-Release Class will result in a Class 1 write up and if found guilty, loss of 20 days good time and 20 days in disciplinary segregation.

Each class participant may need help in one or more of the following areas: housing, employment, education, transportation, and/or basic social service needs. To help address those needs, guest speakers from the Department of Child Support Services, The Way Home Program, Work Release, The SCI Law Library, and The Chaplain come in and speak to the class. The information and direction that the guest speakers provide will prove to be invaluable to those participants who use it to enhance their efforts at rehabilitation once released from prison.