

Alternatives to Violence

To empower people to lead nonviolent lives through affirmation, respect for all, community building, and trust.

Founded in and developed from real life experiences of prisoners and others, and building on a spiritual base, AVP encourages every person's innate power to positively transform themselves and the world.

AVP/USA is an association of community based groups and prison based groups offering experiential workshops in personal growth and creative conflict management. The nation's organization provides support for the work of these local groups.

AVP is a nationwide and worldwide association of volunteer groups offering experiential workshops in conflict resolution, responses to violence, and personal growth.

AVP is dedicated to reducing the level of violence in our society. Our goal is to reduce the level of violence by introducing people to ways of resolving conflict that reduce their need to resort to violence as the solution. The Alternatives to Violence Project is designed to create successful personal interactions and transform violent situations. We are dedicated to teaching the same non-violent skills and techniques that were used by Mohandas Gandhi and Dr. Martin Luther King, Jr.